Celebrating Life After Breast Cancer
Supporting Advancements and Collaborating for a Cure
Update is produced by the Scripps Marketing and Communications Department. If you would like to be taken off our mailing list, please call 858-678-6340 or 800-326-3776.

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Scripps Health Foundation’s Mission: Through philanthropy we help to heal, enhance and save lives.

ON THE COVER:
Scripps Mercy Hospital trauma surgeon Kimberly Peck, MD, went from caregiver to patient when she was diagnosed with breast cancer. Read more on page 10 about the exceptional care she received from her Scripps cancer care team to beat breast cancer—and her life today with a new perspective on caring.

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STAY CONNECTED TO SCRIPPS
Join our Scripps Health Foundation email list to receive the latest updates on special events, fundraising priorities and ways you can make a difference in the lives of our patients. Scripps does not share your personal information and limits the number of communications you receive. Use the business reply envelope in this issue of Update or visit Scripps.org/Subscribe to stay connected.
Dear friends,

In this season of celebrating the importance of our family and friends, we want to thank you for your continued generosity to Scripps, and share a few of the many ways your gifts make a difference in the lives of our patients and their families. From funding groundbreaking clinical research to the most innovative technology in new, state-of-the-art facilities, your philanthropy helps countless others today—and for years to come.

Scripps is one of the largest cancer care providers in San Diego County, currently diagnosing and treating 34 percent of cancer patients. In this issue of Update, you’ll learn more about how our excellent cancer care just got better with the announcement of Scripps MD Anderson Cancer Center—a partnership with The University of Texas MD Anderson Cancer Center to create a comprehensive and clinically integrated cancer care program. Scripps will combine its cancer expertise with leading knowledge, best practices and guidelines from MD Anderson to serve patients throughout Southern California.

You’ll meet Scripps Mercy Hospital trauma surgeon and breast cancer survivor Kim Peck, MD. Her journey from caregiver to cancer patient has changed her life and shaped the way she cares for her patients. From surgery to radiation therapy, she benefited from advanced therapies delivered by Scripps’ expert team of cancer care specialists focused on her healing and recovery.

In addition, you’ll see how philanthropy benefits our patients with the openings of the John R Anderson V Medical Pavilion and the Barbey Family Emergency and Trauma Center. Plus, we’ll share with you ways your continued support can make a difference at Scripps.

We also remember our dear friend Conrad Prebys, whose legacy of giving to the community, including to Scripps, leaves a lasting impact of improving lives in San Diego—and beyond.

At Scripps, our commitment to caring for our community dates back 126 years. Today, the vision of our founders Ellen Browning Scripps and Mother Mary Michael Cummings is realized through the generosity of people like you who support Scripps and our efforts to provide the highest quality and compassionate care to our patients.

On behalf of our 15,000 employees and 3,000 physicians—who care for more than a half-million patients each year—we thank you. We know there are many worthy causes in our community to support, and we are honored that you continue to choose Scripps.

Wishing you and your family a happy and healthy holiday season,

John B. Engle
Corporate Senior Vice President and Chief Development Officer
**Scripps Ranked One of Nation’s Best**

U.S. News & World Report has ranked Scripps Health’s heart care, diabetes, gynecology and gastroenterology programs the best in the San Diego region, and named Scripps among the nation’s best in seven specialties in the magazine’s annual “Best Hospitals” list.

The annual U.S. News Best Hospitals rankings, now in its 27th year, recognize the nation’s top 50 hospitals that excel in treating patients with the most challenging health care needs.

Scripps Green Hospital and Scripps Memorial Hospital La Jolla are among the nation’s top 50 hospitals in:

- Gynecology
- Diabetes and Endocrinology
- Cardiology and Heart Surgery
- Pulmonology
- Orthopedics
- Gastroenterology and GI Surgery
- Geriatrics

Other recent honors include the Centers for Medicare and Medicaid Services giving Scripps Green Hospital and Scripps Memorial Hospital La Jolla a five-star ranking for quality, making them the only hospitals in the region with the highest distinction, and among only 3 percent in the nation to earn the recognition. Earlier this year, Scripps Health was named as one of the top 15 health systems in the nation by Truven Health Analytics for the fourth time.

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**Chris Van Gorder Named Among 100 Most Influential People in Health Care**

Scripps President and CEO Chris Van Gorder has been named one of Modern Healthcare’s 100 Most Influential People in Healthcare. He is the only person from San Diego County to make the prestigious list.

Distributed nationally, Modern Healthcare is one of the nation’s largest health care trade publications.

The annual 100 Most Influential People in Healthcare list honors individuals who are deemed by magazine readers, their peers and senior editors of Modern Healthcare to be the most influential individuals in the industry, in terms of leadership and impact.

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**Pioneers Memorial Hospital Now an Affiliate of the Scripps Health Network**

In April 2016, Pioneers Memorial Healthcare District became the first hospital affiliate of the Scripps Health Network—and the first expansion of the network outside of San Diego County.

Serving Imperial County, Pioneers Memorial Hospital in Brawley has worked toward providing increased value to patients through enhancing the quality of care and reducing costs.

As part of the two-year affiliation agreement, Pioneers is committed to expanding and improving services so residents can receive care close to home, without having to travel out of the area.

Scripps Health is providing leadership training and development, process improvements, and other related services. Pioneers Memorial Hospital will continue to operate independently.
Andy Crowder, who joined Scripps Health in January of 2016 as a corporate senior vice president and chief information officer, leads the rollout of Epic, Scripps Health’s new, state-of-the-art electronic health record. Epic will replace the current electronic health record to help provide the best possible patient care, improve clinical outcomes and maximize efficiency across the Scripps health network.

What is an electronic health record or EHR?
An electronic health record (EHR) is a digital version of a patient’s medical chart. Instead of paper records of a patient’s health history and medical care, the EHR creates a computerized file that can be easily updated and shared between physicians, hospitals, laboratories and anyone else involved in a patient’s care. Any authorized health care provider can access a patient’s current medical record from anywhere, in real time.

Why is Scripps switching to a new system?
For the past decade, Scripps hospitals have been using one EHR system, while our clinics and physician offices have been using a different system. This has made sharing up-to-date patient information more difficult. By providing a single, integrated medical record for each patient, Epic will remove barriers and expedite the communication of patient information between all care sites to improve patient care, service and efficiency.

Why was Epic chosen to replace the current system?
Epic is the leading information technology partner for major hospitals and health systems across the U.S., and we chose it after rigorous product reviews and comparisons. Perhaps more importantly, Epic was selected after extensive feedback from Scripps’ nurses, physicians and other clinical teams. More than 25 focus groups developed questions, criteria and clinical scenarios that were used to demonstrate Epic, and more than 200 physicians, and hundreds of nurses and employees from clinical and non-clinical areas tried it and agreed it was the best EHR for our needs. Epic is foundational to patient safety and quality, as well as all of Scripps’ major objectives. It is truly the “nervous system” for the entire Scripps system for the foreseeable future.

How will Epic benefit patients?
Our patients will benefit both directly and indirectly in a number of ways:

- Epic will help ensure that caregivers at any location have the most recent and up-to-date clinical information about every patient, including medical history, medications, allergies, and so on—often, more complete and accurate information than they’ve ever had before.

- Patients will have access to MyScripps, a web-based portal where they can view and update their personal health record, communicate with their care providers online, view lab results, request prescription refills, schedule appointments, make payments and much more.

- In addition, families can designate a member as a proxy, and that person will have the ability to see the entire family’s care. For example, a mother can have access to her husband’s and children’s health records.

When will Scripps begin using Epic?
We expect to launch the new system in spring 2017, with a staggered schedule for use throughout the Scripps Health Network during the second half of 2017. The Epic EHR will be used throughout Scripps by early 2018.
“TO SHORTEN A MAN’S SUFFERING, 
to extend their happy life, 
WHAT MORE CAN YOU DO IN THE WORLD?  
This is the legacy I would like to leave.”  
– CONRAD PREBYS
Even if you never met Conrad Prebys, chances are his generosity has, in some way, touched your life.

With his passing in July 2016, Conrad is remembered for his kind, compassionate spirit, joy of life and generosity that will leave a legacy for generations to come.

During the past decade, Conrad generously donated to Scripps. In 2006, he helped transform Scripps Mercy Hospital, San Diego, with a gift of $10 million to help build a new emergency department and trauma center—a center that bears his name. His donations through Mercy Ball helped support robotic surgery, maternal child health, cancer services, and emergency and trauma services.

Five years later in 2011, his donation of $45 million helped build Prebys Cardiovascular Institute on the campus of Scripps Memorial Hospital La Jolla—a building that has forever changed that campus and the way we provide care to patients with cardiovascular needs. It stands as the largest donation he made to Scripps and it helped complete a personal circle for Conrad that began with a heart condition he developed when he was 8 years old.

Conrad came from humble beginnings. Born in South Bend, Indiana, he was raised in a working-class neighborhood where the usual goal was to complete high school and then find a job in town. But Conrad took a different path. The first in his family and in his neighborhood to graduate college, in 1965 he set out for a new life in San Diego with only $500 in his pocket. To make a living, he started by building homes. The profession fed his entrepreneurial spirit, leading him to a successful real estate and construction career. As owner of Progress Construction and Management Company, at one time he was one of the largest landowners in San Diego.

“Conrad loved San Diego. And when it came time for him to give back to his adopted community, he did so with enthusiasm, pride and affection,” says Scripps President and CEO Chris Van Gorder. “He once told me the greatest joy he had was giving his money away. Then, with a laugh and a twinkle in his eye, he added that the more he gave away, the more he seemed to make.”

In addition to Scripps, Conrad donated to many other organizations, large and small. He was passionate about supporting the arts in San Diego, as well as San Diego universities, medical research and science, the Boys and Girls Clubs, the San Diego Zoo and much more. The Prebys name is now a part of the San Diego landscape, a testament to his love of the community and his passion for giving back.

“Like Ellen Browning Scripps and Mother Mary Michael Cummings before him, Conrad Prebys’ commitment to improving health care and bettering this community is unmatched” adds Chris Van Gorder. “He leaves a lasting legacy, and I am immensely proud that he chose Scripps to be part of his extended family.”

City leaders, Scripps leadership and physicians joined Conrad Prebys in celebrating the opening of the Conrad Prebys Emergency and Trauma Center in 2006.

Conrad and Debbie Turner were honored at the 2015 opening of Prebys Cardiovascular Institute.
Scripps MD Anderson Cancer Center will provide adult cancer patients throughout Southern California greater access to world-renowned cancer care.

Scripps Health, a leader in cancer care in the region, has now partnered with The University of Texas MD Anderson, the top-ranked cancer center in the country, to focus on a shared mission to end cancer.

The partnership will create a comprehensive and clinically integrated cancer care program. Scripps will combine its cancer expertise with leading knowledge, best practices and guidelines from MD Anderson to serve patients throughout Southern California, covering eight counties from Santa Barbara to the U.S.-Mexico border.

“MD Anderson has unrivaled experience, resources and expertise,” says Scripps Health President and CEO Chris Van Gorder. “This exciting new alliance will give Southern Californians easy access to MD Anderson’s proven, research-based approaches to cancer care. Our partnership builds on Scripps’ history of providing exceptional cancer care to our region and will enable us to offer the best cancer treatment to patients.”

Scripps is already one of the largest cancer care providers in San Diego County, currently diagnosing and treating 34 percent of cancer patients. In breast cancer and melanoma/skin cancers, that number rises to more than half of all new cases.

A deeply integrated program
Clinical collaboration with MD Anderson is already under way. When the joint program is operational, it will feature a number of comprehensive Scripps MD Anderson locations across the area, allowing for cancer care to be close to home.

Close collaboration between the two organizations will be a hallmark of the new Scripps MD Anderson Cancer Center, providing a multidisciplinary approach to local cancer patients, and a new dimension of innovative care and treatment options.

Patients will have access to MD Anderson’s treatment protocols, standards of care, extensive clinical trials and translational research. Patients also will have access to comprehensive cancer care at Scripps MD Anderson, including medical oncology, radiation oncology, surgical oncology, pathology, laboratory and diagnostic imaging, as well as other clinical and support services.
The program will offer a patient-centered approach to care, with multidisciplinary teams of oncology specialists supporting patients and families. It will also offer an array of patient support services, including genetic counseling, nurse navigation, integrative medicine, palliative care, imaging services and social worker assistance in one convenient, patient-friendly environment.

“We are proud to partner with Scripps and work collaboratively to offer cancer patients in Southern California access to the world’s best possible cancer treatment,” says Ronald A. DePinho, MD, president, MD Anderson.

“For more information on ways to support Scripps MD Anderson Cancer Center, contact Jamie Nelson at 858-678-7340 or nelson.jaime@scrippshealth.org.

Support a Center for Hope and Healing: Campaign for Cancer Care at Scripps Mercy Hospital

Serving central and southern San Diego, more than 1,000 cancer patients are cared for each year at Scripps Mercy Hospital’s San Diego campus.

To ensure the highest quality care for cancer patients and families now and in the future, plans are under way to build a new, state-of-the-art cancer center between Fourth and Fifth Streets, across from Scripps Mercy Hospital. The cancer center will bring together high-tech services with high-touch care. Interior spaces will be built to accommodate the latest technologies, including two radiation oncology rooms with next-generation linear accelerators and the Woltman Family Infusion Center.

The environment will be designed to create a sense of wellness and comfort. Patient support services, including integrative medicine and palliative care, will be located here. And a serene, roof-top garden will provide a tranquil retreat.

“Our goal is to bring together the best oncology facilities, technology, treatments and caregivers, working in unison, to support the healing of each patient,” says William Stanton, MD, medical director, Scripps Cancer Center at Scripps Mercy Hospital.

The center will be home to a multidisciplinary team of physicians, researchers and medical educators. Together, they will create comprehensive programs to serve the complex needs of cancer patients.

For more information about how you can support the Campaign for Cancer Care, please contact Sherry Serio at 619-686-3568, serio.sherry@scrippshealth.org or visit Scripps.org/CancerCampaign.
A New Perspective on Caring
SCRIPPS PHYSICIAN BEATS BREAST CANCER
Kim Peck, MD
A New Perspective on Caring

As a trauma surgeon at Scripps Mercy Hospital in San Diego, Kim Peck, MD, never knows what each day may bring. From emergency surgery to traumatic injury, she understands that life can change in an instant—but she never imagined that her own life would suddenly be turned upside down by breast cancer.

In January of 2015, Kim learned she had an invasive and especially aggressive form of breast cancer. Without warning, the physician became the patient.

“I remember just being overwhelmed by fear,” she recalls. “Your life is turned inside out in a heartbeat. Everything gets put on the shelf and you become a full-time patient.”

A Network of Cancer Expertise

Fortunately, Kim was able to take advantage of the expertise of the entire Scripps cancer care network. One of only two Integrated Network Cancer Programs in California as designated by the American College of Surgeons, Scripps offers patients a broad network of cancer care specialists, cancer services on five hospital campuses and renowned Scripps research professionals.

“Kim had a breast cancer team in place across the Scripps system that was going to take care of her cancer,” says Scripps radiation oncologist Ray Lin, MD. “The patient is always at the center of the team, and we would meet and talk and keep each other updated as to what was happening with Kim. We’re all part of the team trying to help the patient go through treatment as smoothly as possible with minimal side effects.”

In addition to Dr. Lin, Kim’s Scripps care team included medical oncologist Marin Xavier, MD, and surgeons Cheryl Olson, MD, and Scott Barttelbort, MD. Kim found it incredibly reassuring to know that each was bringing their expertise to her treatment.

“I really did feel like my physicians collaborated and decided together,” she says. “They were talking to one another about what the right course of treatment was for me. I was 100-percent confident in my treatment plan.”

The Ultimate Triathlon

An amateur triathlete, Kim calls her cancer journey the “ultimate triathlon” of cancer therapy. She first had chemotherapy at Scripps Mercy Hospital, San Diego, followed by surgery six weeks later at Scripps Memorial Hospital La Jolla, and then radiation therapy at Scripps Radiation Therapy Center.

“It’s similar to a triathlon where you’re looking for the end of the swim, the end of the bike, then the run,” she says. “You click into survival mode. Just taking it each stage at a time.”

Kim took advantage of other Scripps cancer services, including attending a breast cancer survivors’ support group at Scripps Polster Breast Care Center.

“The treatment available through the Scripps network is top-notch,” Kim says. “I had access to absolutely everything I needed within the system. There was never a point where I felt I needed something that wasn’t available.”

Kim’s experience has changed her approach to caring for her patients. “I enjoy spending more time just talking to patients. How someone is doing mentally really affects how they are doing physically, and vice versa,” she says. “I have a greater appreciation for the patient as a whole and how there’s so much more to the mind-body connection than I think we understand. I think it has made me a better physician.”

A Rewarding Journey

Kim calls her journey “crazy, but incredibly rewarding” and is deeply grateful to her care team.

“I had a life-threatening illness and I don’t think I had a true appreciation of it until I was finished with treatment,” says Kim. “I want my care team to know just how much I truly appreciate what they did for me. My Scripps team saved my life.”

For more information on ways to support Scripps Cancer Care, contact Jamie Nelson at 858-678-7340 or nelson.jaime@scrippshealth.org.

Dr. Kim Peck says her breast cancer diagnosis and treatment have made her an even better physician, more attuned to both her patients’ mental and physical needs.

Celebrating her good health, she has resumed training and recently completed a half marathon. She’s looking forward to participating in a triathlon next spring.

For more information on ways to support Scripps Cancer Care, contact Jamie Nelson at 858-678-7340 or nelson.jaime@scrippshealth.org.
Barbey Family Emergency and Trauma Center OPENS Advanced Care to Serve Growing Community Needs

Offering patients access to more than 50 physicians in 17 medical and surgical specialties, and a multitude of health care services, the John R. Anderson V Medical Pavilion opened in June 2016 on the campus of Scripps Memorial Hospital La Jolla. The newest Scripps Clinic location is also one of only two centers in California operating full-service outpatient catherization laboratories.

Honoring Eileen and Jack Anderson

On September 10, the new center served as a spectacular backdrop for the outdoor celebration, recognizing honored guests Eileen and Jack Anderson for their leadership gift to name this state-of-the-art center. More than 320 attendees enjoyed the reception, dinner, live entertainment, and silent and live auctions. Together with the proceeds of the 48th Annual Scripps Clinic Golf Invitational, more than $1.2 million was raised to benefit the center.

Help Make Life Better for Our Community

The John R. Anderson V Medical Pavilion is named in honor of the Anderson’s youngest son, who lost his fight against cancer. You can join the many donors who followed the Anderson’s lead, adding more than $15 million to the campaign. Whether you create a memorial gift in honor of a loved one or leave a meaningful legacy, your generosity supports quality health care in our communities.

For more information on fundraising priorities at Scripps Clinic and Scripps Green Hospital, please contact Julie Mathew at mathew.julie@scrippshealth.org, 858-554-2046 or visit Scripps.org/Giving.

“Our son John had a lot of things in common with Scripps. He was always trying to make life better for somebody else, and that’s what Scripps does.”

— Eileen and Jack Anderson
As part of San Diego County’s trauma system, the new center is an important element of the nationally recognized model that has treated thousands of patients with serious injuries over the past three decades.

In September 2016, the $33 million, 33,000-square-foot Barbey Family Emergency and Trauma Center opened on the campus of Scripps Memorial Hospital La Jolla, thanks to the generous leadership gift of the John E. Barbey Jr. family.

With a $1 million challenge grant from the David Whitmire Hearst Jr. Foundation and additional donor support, the new trauma area is named in honor of former Scripps Chief Medical Officer and trauma surgeon A. Brent Eastman, MD.

Six times larger than the original facility, this state-of-the-art center is designed to meet the emergency and trauma needs of our growing population. With its flexible design and new technologies, it is equipped to handle life-threatening illnesses and injuries on a significantly larger scale.

“Thanks to the generosity of the Barbey family, Scripps will be able to provide for the emergency needs of patients in the region for years to come,” says Scripps President and CEO Chris Van Gorder.

Learn more, visit Scripps.org/LJEmergency.

BARBEY FAMILY EMERGENCY AND TRAUMA CENTER OPENS
Advanced Care to Serve Growing Community Needs

BUILDING A LEGACY ON A Sound Investment Strategy

Long-time Rancho Santa Fe resident Dale Nelson knows a lot about investing and banking. Dale spent more than three decades as an investment officer, first with Northwestern Bank in Minnesota and later with San Diego Trust & Savings Bank. After retiring, it wasn’t enough for he and his wife Beverly to settle into a life of leisure at the “Ranch.” Instead, he became an independent stockbroker, a civic leader and a Scripps donor.

“I met with Dave Williams who heads up gift planning at Scripps. I learned quickly that he and I speak the same language,” says Dale. “We talked about several programs, but the Scripps’ Life Estate Gift Annuity looked like the smart choice for me—and Scripps.”

Dale recently celebrated his 90th birthday and has finally settled into a leisurely retirement, tending his rose gardens and orchards. But more importantly, he knows that his legacy is secure and will provide future generations with quality health care at Scripps.

With a life estate gift annuity, you can make a gift of your personal residence, while you continue to live in and enjoy it. It provides secure fixed income for life, which is partially tax-free. It also offers an immediate charitable income tax deduction, and helps delay or defer capital gains taxes.

For more information, please contact David Williams at 858-678-7120 or williams.dave@scrippshealth.org.
The Roaring Twenties set the stage for the 25th Annual Spinoff on May 5. Nearly 450 guests, many dressed in 1920s attire, raised more than $1.2 million for Scripps Cancer Care. Robin Rady served as chair for the second consecutive year. Proceeds will help fund new multidisciplinary cancer care clinics, which will bring Scripps medical teams to the patient in one convenient setting.

The 5th Annual M.O.S.T. Mariachi Festival raised $189,000, making it the most successful M.O.S.T. event to date. Proceeds will support upcoming missions to Mexico that provide free, corrective surgeries for children. More than 270 donors, friends and volunteers enjoyed the festivities and moving testimonials from M.O.S.T. patients who received life-changing care.

Coastchella, a celebration of San Diego’s coastal sports culture and fundraiser for Scripps Memorial Hospital Encinitas, took place on October 16 at the BellyUp in Solana Beach. The event raised nearly $350,000 to support expansion and modernization of the hospital’s surgery and endoscopy suites, designed to keep pace with the growing North County coastal communities. The event was co-chaired by Clarice Hokanson, Cory Crommet and Gil Galloway, MD. Featured guests included local surf, skate and snow culture icons, with musical entertainment by Grammy Award-winning band Steel Pulse.
Through the Honor Your Caregiver online recognition program, a simple thank you has a profound impact. Each honoree is notified of their patient’s message of thanks, then recognized throughout our organization. These two simple gestures instill a sense of individual pride and reinforce our organizational commitment to excellence in the delivery of quality, compassionate patient care.

As 2016 comes to a close, this is the perfect time to take a moment and thank your favorite Scripps employee. Visit Scripps.org/Honor to share your story of thanks or make a donation to Scripps in his or her honor.

To read some of the latest stories and learn more about how the Honor Your Caregiver program works, visit Scripps.org/StoriesOfThanks.

Mary Jennings Smith wrote: “Dr. Kosty instilled such confidence. He understands what ‘quality of life’ really means and thankfully he’s given that to me.”

After receiving Mary’s message of thanks, Michael Kosty, MD, added: “Mary set her mind on having a long, happy life. I’m pleased to be part of her health care team and to help her achieve those goals.”

SCRIPPS PRESIDENT’S COUNCIL:
A Window on the World of Health Care

Scripps President’s Council members enjoy exclusive access to Scripps nationally recognized experts sharing insights into the latest medical advancements.

Last October, nearly 200 guests attended Frontiers in Medicine to explore breakthroughs in arthritis treatment. The distinguished panel of orthopedic surgeons and researchers presented innovations in cartilage regeneration, joint replacement and more—designed to help arthritis sufferers regain mobility and quality of life.

“There is no other opportunity like it for those of us committed to quality health care,” says Scripps President’s Council Chair Marty Levin. “This extraordinary group is highly valued at Scripps, helping us ensure quality patient support services, like our nurse navigator program. In return, it rewards members with access, insights and more.

Our distinguished panel of orthopedic surgeons led a lively discussion with President’s Council members. From left: Darryl D’Lima, MD; William Bugbee, MD; Christopher Hajnik, MD; David Fabi, MD; and Steven Copp, MD.

Become a member of Scripps President’s Council, our annual giving group, with a yearly unrestricted gift of $1,000 or more to Scripps Health Foundation. Join before December 31, 2016, to enjoy the tax-deductible benefit of your gift.

For more information, please call Jesselle Buntan at 858-678-7061, email annualgiving@scrippshhealth.org or visit Scripps.org/PresidentsCouncil.
Take a short survey and share your feedback today.

What updates do you want in Update Magazine?

Visit Scripps.org/UpdateSurvey

As a supporter of Scripps and Scripps Health Foundation, we want to hear from you.
In 2017, we look forward to bringing Scripps news to you and sharing ways you can make a difference in the lives of our patients.